

# Saddharmadhara

## Meditation Program Application

### Sri Sambuddha Mission Charitable Trust



**Teachings for peace of mind  
and lasting happiness**

We would appreciate your truthful answers to the questionnaire. It is important to note that all applications will be placed in an appropriate Saddharmadhara retreat program. You are kindly requested to submit the online application form through the link <https://www.srisambuddhamission.org/ssm/application-en.php> to make our organizing activities more efficient.

Applications and additional information can also be found at <https://www.srisambuddhamission.org/>. **In case you are uncomfortable submitting your application online only**, you may also send it by email (srisambuddhamissiontrust@gmail.com).

Have you submitted the online application?	Yes/No	
If yes, the date you submitted the online application	20...../...../.....	
		Please, attach a recently taken photograph (Passport size).

**You are required to provide truthful information for all the questions/sections.**

1.	Full name of the applicant	
2.	Name with initials	
3.	Date of birth	
4.	Age	
5.	Gender	

6.	Marital status		
7.	National identity card number		
8.	Passport number		
9.	Permanent address		
10.	Telephone numbers	Mobile	WhatsApp
		Home	
11.	Email address		
12.	Profession		
13.	Name with initials of the person to be contacted in an emergency.		
14.	Applicant's relationship to emergency contact person		
15.	Phone number of the emergency contact		
16.	Do you have any idea of committing yourself to spiritual life (Ordination)?		
17.	State your objectives for participating in a meditation program		
18.	Do you agree to participate in a meditation program at any centre in the country?		
19.	Please state the nature and dates of involvement in the past with Most Ven. Gnanavimala Maha Thero and Most Ven B. Gnanaloka Thero.		
20.	If you have any medical conditions or disabilities, please provide information about them.		
21.	Current treatments are taken for the above ailments and disabilities		
22.	Are there any other issues or challenges you are currently facing that we should be aware of? These could include personal, financial, social, legal, or any other relevant concerns.		

23. Please mention your honest response to each question.

	<b>Question</b>	<b>Yes/No (If your answer is no or there are any other details, please provide more information)</b>
a.	Do you have full permission from your parents/guardian/employer or any such duty-bound relationships to attend the residential meditation program?	
b.	Are you free from unmanageable loans? Have the individuals or entities from whom you borrowed money expressed satisfaction with the way you are settling the loans, or are you on good terms with them regarding the loans?	
c.	Are you free from illnesses or deformities from birth, or which have arisen in a later period in life, which have not been cured up till now or there has been no medication found so far?	
d.	Is there any addiction to toxications (drugs)?	
e.	Do you suffer from stress or other such mental problems? If you are being treated for such disorders, please provide your history and other relevant information about your condition	
f.	Do you have serious legal litigations that are bothering you, or similar unsettled duties to family, government, or society?	
g.	Do you have any signs of diseases like Asthma, Kushta, Vana, cists (Visha gedi), boils, or epilepsy?	
h.	Are there any deformities in the body (for example amputated hands, legs, ears, etc.)	

24. For the devotees who wish to join a retreat, please state whether you would agree or disagree to following instructions prepared in accordance with our Most Venerable Gnanaloka Thero of Bambalapitiya and whether you have the capability to adhere to them.

	<b>The point to be observed</b>	<b>Agree/Disagree</b>
a)	You should try to reduce the use of cell phones, the internet, and other sense-stimulating activities for some time (preferably two weeks, otherwise at least five days) prior to the retreat date.	
b)	You should try to avoid bad habits like masturbation or any kind of sexual activity at a physical level for at least two weeks prior to the retreat.	
c)	Practice ‘Ashuba Bhavana’ at least two weeks prior to the retreat.	
d)	Practice compassion (Maithree Bhavana) at least two weeks prior to the retreat.	
e)	With the understanding of the virtues of ‘Trivida Rathna’, cultivate pure and honest faith and practice ‘Buddhanussathi, Dhammanussathi, Sanghanussathi’ at least two weeks prior to the retreat in advance.	
f)	Have some Dhamma knowledge about the basic facts (four noble truths) of Buddhism - (Peruse the book ‘The Word of the Buddha’ written by the German monk Most Venerable Gnayanathiloka Thero).	

I hereby affirm that the above-mentioned information is true to the best of my knowledge. I gladly confirm that I can join the residential meditation program without any interruption and with full commitment and I will safeguard the utmost trust.

Name of the applicant: .....

Signature: .....

Date: .....

**Details of the guardian and their consent**

Name: .....

Relationship to the applicant: .....

Profession: .....

Age:.....

Telephone number: .....

Address: .....

Special comments:

.....  
.....  
.....

**Guardian's consent statement**

I hereby inform you with responsibility and confidence, that the applicant named ..... is my ..... , and I gladly give him/her my full permission to attend a residential meditation program, without any objections or disturbances.

Name: .....

Signature: .....

Date: .....

I hereby agree to submit the hard copies of the application with the signature of the guardian when I attend the selected retreat program.

Sri Sambuddha Mission Trust.  
Sri Sambuddha Ramaneeya Ashramaya  
Thalawathura, Dunumala, Galapitamada

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